

Twenty12 Southern California Bioenergetic Conference

Lake Arrowhead, CA

Healing Trauma:

A Bioenergetic Approach

Trauma is an experience that overwhelms the coping mechanisms of the body. It shatters our view of the world, robs us of our aliveness, and unveils the precariousness and vulnerability of living. Trauma forces us to explore the painful depths of humanity. However, through this exploration, the potential to create a deeper sense of connection to life and to others is born. Healing from trauma can allow us to live lives that are richer and fuller than we had ever imagined.

Bioenergetic Analysis recognizes that the body is central to understanding and healing trauma. It explores and works with the energetic and muscular systems of the body which develop in response to trauma. Bioenergetic Analysis has a long and established history and finds itself on the cutting edge of contemporary psychology as rapid advances in neurobiology highlight the intimate relationship between body and mind.

In this conference we will explore a Bioenergetic approach to healing trauma. The keynotes, workshops and process groups will provide a place to learn about trauma, its effects on the body and the ways to restore joy and fluidity in living.

"The self renewal that happens in the recovery process occurs because the individual was forced to explore the painful depths of humanity they would otherwise not have chosen to experience. This exploration creates a deeper sense of connectedness to life and stronger bonds of connectedness to others and even the universe."

- David Berceit

"The phoenix bursts into flame when it is time to die and then is reborn from the ashes. Fascinating creatures, phoenixes, they can carry immensely heavy loads and their tears have healing powers."
(Dumbledore to Harry)

- J.K. Rowling

March 30 - April 2, 2012

Register online at: www.bit.ly/scbcregistration

Twenty¹² Bioenergetic Conference

Keynote Presentations



Chuck Lustfield is a Licensed Professional Counselor and Certified Bioenergetic Therapist in private practice in Dallas, TX. He is a member of the faculty of the International Institute for Bioenergetic Analysis and serves on its Ethics Committee. Chuck is also a Certified Advanced Rolf and Chair of the Faculty Development and Review Board for the Rolf Institute for Structural Integration. For over 25 years, Chuck has used Bioenergetic therapy to help clients work through and heal trauma.



Michael Brennan is a Marriage and Family Therapist and a Certified Bioenergetic Therapist. He has been an active member of the San Diego Institute for Bioenergetic Analysis for over 27 years. He was a co-founder and member of the Southern California Steering Committee and served on the SDIBA Board of Directors for many years. Having conducted numerous workshops in the U.S. and Europe, Michael states: "Working with the effects of developmental and shock trauma in the human organism requires not only a familiarity with the armored and unarmored lives of our clients but a knowledge of one's own armored and unarmored life."



Elaine Tuccillo is a Clinical Psychologist in private practice in NYC. She is a certified Bioenergetic psychotherapist, an International Faculty for IIBA, and local faculty for the New York Society for Bioenergetic Analysis. She has worked with and taught body-oriented psychotherapy for over 30 years. Recent article: A Somatic-Relational Model for Growing an Emotionally Healthy, Sexually Open Body from the Ground Up in Bioenergetic Analysis, 2006. Elaine has devoted her whole professional life to understanding and teaching about healthy parent-child relationships and to the investigation, prevention and healing of chronic relational trauma.

Theme-Centered Workshops

During the conference, a variety of clinical workshops will be offered for participants. Each workshop will be led by Bioenergetic therapists. Workshops will be both didactic and experiential and will center on some aspect of the conference theme.

Small Group Process

As a conference participant, you will have the opportunity to work Bioenergetically in a group. Please choose from one of the following groups.

Therapist Group

These groups are structured for therapists with limited or no experience with Bioenergetic Analysis. Participants will have an opportunity to personally experience and learn about the developmental, relational, somatic approach to Bioenergetic Analysis.

Non-Therapist Group

If you are not a psychotherapist, this group is for you. Group members often have a range of experience in Bioenergetic therapy. For some, this may be the first time participating in a process group. The facilitators will provide support to build trust and safety as you explore the world.

Faculty Group

This is a self-led group for local, national and international Bioenergetic faculty.

Bioenergetic Student Group

If you are currently in a Bioenergetic teaching program, you will automatically be placed in a process group with your fellow students. If you are a current student in an institute outside of Southern California, you will want to select the Therapist Group.

Graduate & CBT Group

For those of you who have completed Bioenergetic training, these groups offer the stimulation of working with fellow Bioenergetic therapists. Process group leaders are generally from other than Southern California societies. This offers a different working experience for most group members.

In the Mountains of Lake Arrowhead, California



UCLA Conference Center

Please visit www.uclaconferencecenter.com for more information and photos.

Registration Information

To register and pay online, go to www.bit.ly/scbcregistration or contact Janet at: scbcregistration@att.net or (818) 885-8938 to have a registration form emailed or sent to you.

Save \$100 if you register before November 14, 2011!

Early Registration Fees (must be received by November 14, 2011)

IIBA Member.....	\$365
Non-IIBA Member.....	\$390

Regular Registration Fees (after November 14, 2011)

IIBA Member.....	\$465
Non-IIBA Member.....	\$490

Accommodation Fees (includes all meals, per person)

Condolet (double).....	\$585
Single.....	\$675
Guest Fee (conference non-participant).....	\$130 per night
Additional Nights.....	\$130 per night

CEU Credits	\$15 per license
15 MFT/LCSW CEU credits; 15 Ph.D CEU credits	

Refund Policy

After November 14, 2011 and before February 1, 2012, you will be responsible for one nights lodging plus a \$50 processing fee.

After February 1, 2012, you will be responsible for three nights lodging plus a \$50 processing fee.

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Accept our invitation to experience:

- Inspiring Presentations
- Theme-Related Workshops
- Mind, Body and Relational Integration
- Process Groups
- Movement Classes
- CEU Credits
- Mountain Setting
- Great Accommodations and Food

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Lake Arrowhead, California

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SCBC
9420 Reseda Blvd. #305
Northridge, CA 91324-2974

SAVE THESE DATES!

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Early Registration by Nov. 14, 2011